Transition Shock Model

- Interdisciplinary/Intradisciplinary
- Socio-Cultural Assimilation
- Changing Roles and Tasks
- Family/Friends/Intimate
- Leadership/Delegation
- Financial Management
- Home/Work Balance
- CDM and CJ
- Practice

Knowledge
- Skills and Tasks
- Professional Culture
- Relational Dynamics
- Transition Experience
- Nursing as a Profession
- Roles and Responsibilities
- Performance Expectations
- Personal/Professional Self
- Intellectual/Practical/Theoretical/Tacit

Relationships
- Leadership and Collaboration Skills
- Professional Culture—Peer Support
- Intra/Interdisciplinary Relations
- Intergenerational Dynamics
- Organizational Structure
- Personal/Professional
- Developmental Tasks
- Social Maturity
- Life Changes

Roles
- Role Stress/Strain
- Practice Autonomy
- CDM and CJ Expectations
- Developing Professional Identity
- Role Blurring (LPN/RN/Aide/Clerk)
- Professional Roles (Leader/Colleague/Practitioner)
- Life Roles (Child/Partner—Spouse/Parent/Friend/Nurse)
- Role Confusion/Ambivalence (Student/Graduate Nurse/RN)

Responsibilities
- Doubt
- Disorientation
- Loss

Transitions Shock

Emotional

Intellectual

Social

Cultural

Exhaustion

Development